

Netball Training Session Schedule 2026

Program Manager: Kirsten Hood

Coaches: Susan Meaney, Mel Savage, Tegan Philip, Tori Honner

School Terms: *T1* Tue 27 Jan – Thurs 2 April

T2 Mon 20 Apr-Fri 26 June,

T3 Mon 13 July – Fri 18 Sept

T4 Mon 5 Oct – Fri 18 Dec

Term 1 2026			
Date	Coaches/Presenter	Session Description	Guest Speakers
March 4 th 7:00pm-8:00pm Venue: St Joseph's College	Kirsten Hood	TRAINING STANDARDS The best mindset to attack each training session with	Susan Meaney (Head Coach)
	Paul Hood	GOAL SETTING & ATHLETE DEVELOPMENT PLANS	Paul Hood
Term 2 2026			
Date	Coaches/Presenter	Session Description	Guest Speakers
May 3 rd Training Session 1 8.30am-10:30am VENUE: St Josephs College	Kirsten Hood Susan Meaney Mel Savage	<u>Rotations:</u> • Offence • Defence • Mid court -Position awareness -Team strategies -Decision making under pressure -Opponent analysis	Teagan Philip
Term 3 2026			
Date	Coaches	Session Description	Guest Speakers
August 2 nd Training Session 2 8.30am-10.30am VENUE: St Josephs College	Kirsten Hood Susan Meaney Mel Savage	<u>Rotations:</u> • Offence • Defence • Mid court -Position awareness -Team strategies -Decision making under pressure -Opponent analysis	Maddison Brown
Term 4 2026			
Date	Coaches	Session Description	Guest Speakers
Sunday 4 th of October (TBC) Training Session 3 4:30pm-5:30pm	Kirsten Hood Mel Savage	VRAS Comp Training Session	



BARWON
sports academy

VENUE: St Josephs College			
Sunday 25 th October Full Day VENUE: State Netball Centre	Kirsten Hood	VRAS Netball Vic Inter-Academy Challenge	
Sunday 8 th November Time: 8:30am-11am VENUE: St Josephs College	Kirsten Hood	2027 Netball Trials	

Regards
Kirsten Hood (0410 469 887)
BSA Netball Program Manager 2026